The morning of Thursday, March 15, was an exciting Day at the Capitol! The sponsors were MCIL, Minnesota Council on Disability, Southeastern Center for Independent Living (SEMCIL), Rochester, Independent Lifestyles, Center for Independent Living (ILCIL) St. Cloud and the Direct Support Professional Association of Minnesota (DSPAM).

Governor Dayton spoke to the crowd, as did several legislators, friends and allies of people with disabilities. Here are some pictures from the event.
Above, Senator Scott Dibble was one of the speakers during the Day at the Capitol.

At right, Anne Henry, Disability Law Center, reviewed the impacts of proposed policies on people with disabilities.

At left, Nan Madden, MN Council on Nonprofits, talked about the implication of balanced budget amendments on people with disabilities.

Above, Representative Jim Abeler talked about policy affecting people with disabilities.

At right, Senator John Marty, addressed the crowd.

The crowd really reacted to Senator David Tomassoni’s talk.

Representative Larry Hosch

Above, Senator Paul Thissen drew a crowd of intent listeners.

Above, Diogo Reis, MSCOD; David Hancox, MCIL; and Joan Willshire, MSCOD, took care of some last minute planning before the DAC started.
From the Director’s Desk

2012 Legislative highlights

By David Hancox

Hi everyone.

Given that we are entering into what is likely to be a very busy next few weeks at the capitol, I wanted to take a moment to briefly highlight some of the most important legislative updates for the disability community.

The legislative updates below, along with much more issue specific information, can also be found on the MN-CCD’s “Capitol Update” section of their website. There you will also find up-to-date background and legislative status information on a variety of bills currently traveling through the legislative process that propose changes to disability services—from Medical Assistance dental coverage, to disability service rate setting, to use of prone restraints with students with disabilities.

You may want to check the “Capitol Update” resource often in the coming days and weeks as the pace of the legislative session quickens.

• The Governor’s Supplemental Budget was released the week of 3/12/12. The budget calls for $43.9 million in increased spending as well as $44.2 million in increased revenues. Governor Dayton’s budget includes many provisions related to disability services, including repealing the 20% relative PCA wage cut; expanding eligibility for MA-EPD to people over age 65; delaying for one year the de-licensing of corporate foster care beds and transitioning this into a statewide reduction instead of facility reduction; and reducing the “low needs” cut from 10% to 5%. A bill has been introduced in both the House and Senate (HF2901/SF2486) that contains the Health and Human Services related provisions of the Governor’s Supplemental Budget (including the disability service provisions). HF 2901 is scheduled to be heard on 3/20/12 in the House Health and Human Services Finance Committee.

• Many of the issues and specific bills that we in the disability community have been monitoring or actively working on this session have been heard in committee and then “laid over for possible inclusion in an omnibus bill.” It was announced on 3/17/12 that the House Health and Human Services omnibus bill will be posted online the evening of Tuesday 3/20/12, heard in the House Health and Human Services Finance Committee on Wednesday 3/21/12, and acted on in the House Health and Human Services Finance Committee this Thursday 3/22/12. This means there will likely be a great deal of activity the week of 3/19/12 around arranging for testifiers, working with legislators on amendments to this bill, and responding to the positive and negative components of the bill.

• Given that the “first committee deadline” was this past Friday, March 16th (date by which policy bills had to have made it through the relevant policy committees in either the House or Senate), many bills were heard and acted upon last week. The MN-CCD Capitol Updates resource has been updated to reflect committee action from this past week if you are interested in the status of a particular disability related bill you are following.

• The March 23rd “second deadline”—or date by which all policy bills have to pass through all relevant policy committees in both the House and Senate—is rapidly approaching. As a result, many bills are beginning to move more quickly through the legislative process. Come March 23rd, some bills that did not meet this deadline will no longer be “alive” for this session.

As always, please feel free to call or email at any time with questions around disability related legislation and the 2012 session!
Hello consumers, colleagues, and community; below are just a few highlights of what has been happening in Transition the last few months:

We continue to receive a lot of active involvement at the 3-4 Transition Programs where we provide outreach. This involvement comes in the form of walk-ins, scheduled appointments, classroom observation, and the occasional field trip with groups of students. These different types of situations provide ample opportunities to build relationships with youth and staff. Many administrators are also taking an interest in our activities and are often a great referral point for those students/staff that have not made connections with us yet.

In the last few months we have been invited to seven Individual Education Plan (IEP) meetings. This is a great improvement for invitations and we thank staff and students for their participation and continued commitment. Over half of these meetings were with students who we already have relationships with and in some cases have attended their meetings in the past. This facilitates a continued effort to connect with the young person’s supports, which ensures that they will be connected to resources once they graduate.

Our commitment to attend transition fairs and community/parent advisory councils also keeps us visible in the metro area. Recently, staff attended a metro-wide conference for all of the work based learning coordinators. Out of the 150 attendees, approximately 50% knew or had heard of MCIL from previous interactions. This speaks volumes to our commitment to outreach and community.

Another recent undertaking over the past quarter has been Transition and IL staff visiting community sites together to present and meet with students on a variety of issues. This approach will in turn see more planned activities in the coming months and promote the notion that MCIL has a lot to offer and we will always evolve to meet the needs of our community.

Thanks for reading and staying informed about transition services here at MCIL. Should you have a suggestion or feedback, please contact me. My email and phone remain the same: nickw@mcil-mn.org or 651-603-2018.

Meet MCIL’s new staff

**Beth Howard**
I am the new Disability Linkage Line Manager at MCIL. Before joining MCIL, I primarily focused my career on employment for people with disabilities—both by managing an employment agency in the Twin Cities and consulting throughout the state via Pathways to Employment with the Department of Human Services. I am active in the MN Employment First Coalition and was recently elected to the MN APSE Board of directors. I look forward to expanding my knowledge of disability services through the scope of MCIL.

**Molly Parker**
I am the new Nursing Home Relocation Administration staff person. I graduated from Globe University with a diploma in Medical Administrative Assisting. I have worked at Dove Healthcare, Health Services Management, Health Psychology Solutions and PLLC to name a few. Raised in Spooner, Wisconsin, I now live in St Paul, with my boyfriend, Tyler, and three year old pit-bull/boxer mix, D-bo. I enjoy spending time with my family and anything involving dogs. I am very excited to be a part of the MCIL family and I am looking forward to getting to know everyone.

Continued on next page
Celeste denDaas.
I started working for MCIL on March 1, 2012. I live in Coon Rapids at the moment, and as an IL/VR Specialist my job sites are in Burnsville and Shakopee. I’m a graduate of the University of WI—Madison, and I have spent most of my career doing advocacy and family support for Arc. My years at Arc have instilled in me a firm belief in the rights of all people to be valued members of their communities, and to make their own choices. MCIL feels like a great fit for those beliefs.

On the personal side: I have three daughters ages 25, 24, and 17. I have two cats and a dog. I love anything made with sugar (chocolate, pie, candy, cake), and most of the time I torture myself by maintaining a safe distance from those things. I also have an inexplicable love for hot air balloons and light houses. Last year I have my first hot air balloon ride, and I hope to have many more.

I can’t wait to settle into my new job and get to know all of you better!

Elizabeth Huber Rodriguez
Hello my name is Elizabeth and I am a new IL/VR Specialist. I started with MCIL in January 2012. Although I am new to MCIL, I am not completely new to the Centers for Independent Living.

As a college student I worked for a CIL in St. Cloud, Independent Lifestyles, as an IL specialist intern. After graduating from college, I taught English abroad with an organization called Campus Crusade for Christ working with college students. Then after returning to the US I started working for a group home company, ACR Homes, Inc. I held several positions in the company from an Emergency Float, Program Counselor, Residential Supervisor and even an IT Specialist. I have really enjoyed getting started with MCIL and am thankful for our awesome IL/VR Team (special thanks to Shanna whom I shadowed the most.) I look forward to serving our consumers and helping them live life to the fullest!
IL/VR interviewing tips

There have been some big changes in the IL/VR Collaboration Project in the last quarter. We’ve been growing! As we enter our 5th year, we’ve added staff and expanded our services at some Minnesota Workforce Centers. Butch Gentilini has been working at the West St. Paul and Woodbury Workforce Centers, Elizabeth Huber-Rodriguez took over Bloomington and Chaska, and Celeste denDaas has been working at the Burnsville and Shakopee sites. Kelly Krantz is now the Project Manager. Our other staff has remained in their former assignments or are now full-time at a single workforce center. We’re very excited about these changes as it means we can dedicate more hours to some of the centers and expand the capability of the current IL/VR staff.

Much of the focus of our work with consumers is on how to get and keep a job. Part of this is coaching people on good interviewing skills and good behavior and attitudes in the workplace. In sharing the following advice, we hope to educate folks on employer behavioral expectations in the interview process.

First of all, make sure all your interactions with everyone who works where you’re applying are polite and professional. Treat the administrative assistant or the customer service worker just as courteously as you would the hiring manager. The same goes for when you’re networking with colleagues or business contacts. You should always act your best, not just turning it on for the interview. One tip that is often overlooked is to make sure your voicemail greeting is appropriate and business-like. Other than your resume and application, that is often the first contact the hiring manager will have with you and they will form a first impression of you.

We coach people on what to say in an interview, but what’s just as important is how those words are said. Most important is that you truly believe all the positive things you are saying about yourself; you won’t be able to convince anyone else that they’re true if you don’t think they are yourself. Spend time thinking about reasons why you are perfect for the job, making lists of your skills, abilities and positive attributes, and remembering positive success stories from former positions or experiences. Your success stories should follow a basic pattern: 1) a problem or situation that arose, 2) what you did to address the issue, and 3) the positive resolution to the situation. Even if it is, “I learned a lot about what not to do and I’ll never make that mistake again!” the story should relate something positive about your skills and abilities. If you do have to address a job-related barrier, you should address it directly, talk about why it will not be a problem in this case, and then move on. Keep it upbeat and confident.

It’s important to use your good interpersonal skills in an interview. Face the person who is talking, making appropriate amounts of eye contact. Give that person your full attention. Smile and nod to show you understand and are paying attention, summarize and repeat what you are hearing to show you understand, and ask questions if you don’t understand. Don’t interrupt. Don’t put the interviewer on the spot. It’s normal to want to know more about the place where you’re going to work, and you are interviewing the employer as much as they are interviewing you, but remain polite and professional in your questions and remember that you are trying to prove yourself to them as a responsible and respectful person.

You will probably be asked about topics that are sometimes uncomfortable to discuss, or sound like you are being asked to say something negative. Examples include: tell me about a former boss that you didn’t get along with, tell me about your weaknesses, have you been let go from a job? Avoid criticizing a previous job

Continued on next page
or boss. It is best to not say anything to the interviewer that you wouldn’t say if that previous boss was in the room with you. Make your answer diplomatic. When you talk about your weaknesses, a good strategy is to identify something you know isn’t a natural strength but then talk about how you’ve been working to improve in that area. Maybe you have a terrible memory, but you’ve become a pro at taking notes so that you recall important details.

When wrapping up an interview, make sure you have a few questions for the interviewer. Don’t ask about salary or benefits, and don’t ask anything that you should already have the answer to, but you may ask, “What is a typical day like on the job?” or “What attributes are you most looking for in a candidate?” Ask the interviewer(s) for their names, business cards, and contact information. You should follow an interview up with a thank you note and it’s important to know who to address and where to send it. Ask if they know when a decision will be made, and if you can call them if you haven’t heard back by then. Thank everyone for their time before exiting.

We hope that by trying out some of these tips, you’ll be able to nab that job successfully!
Is PCA CHOICE Right for You?

Does your agency treat you like a customer or a client?
Can you schedule your DSPs when you need them?
Do DSP’s show up?
Do you choose who will work with you?
Are DSPs paid fair wages?

MCIL Offers Direct Support Professionals DSPs

- Paid Holidays
- Competitive Wages
- Vision and Dental Benefits
- On-call job opportunities
- Bring your DSPs with you, or tell us who you want to work with.
- We provide assistance with developing job descriptions, posting job ads, recruiting and screening.
- You make all hiring & firing decisions!
- You make your own schedules.
- We provide assistance finding coverage on the weekends or during the week.
- We provide all processing, payroll and co-supervisory supports.

For more information about MCIL’s Personal Assistant Services:

1600 University Ave. West, Suite 16. Saint Paul
To arrange an in-home visit please call 651.788.8424

www.pas.mcil-mn.org
TTY: 651.788.8424
We are located on the first floor in the Spruce Tree Building. Accessible parking, entrances & scent-free office.
As many of you may already know from articles in Access Press and the Star Tribune, MCIL recently said a very sad farewell to a long time friend, former employee, and 20 year volunteer, Lee Parish. Lee provided tremendous support and enthusiasm to our MCIL offices over the years. Lee was a strong personal advocate, and often spoke for issues important to the broader disability community as well.

On Thursday, March 1, 2012, family, friends, colleagues, and admirers gathered to share camaraderie, stories of Lee, remembrances, and condolences. In the program for the event, there was a quote from Lucy Van Pelt, of Peanuts fame, that I think fitted Lee perfectly, “All I really need is love, but a little chocolate now and then doesn’t hurt!” Another quote, attributed to Mark Twain, exemplified Lee’s love of her cats, “If man could be crossed with the cat it would improve the man, but it would deteriorate the cat.”

At her funeral we all agreed that Lee would likely be conducting an ADA accessibility assessment of Heaven, and the thought of Lee reminding the almighty of his/her duty reminded me of a quote by Winston Churchill, “I am ready to meet my Maker. Whether my Maker is prepared for the great ordeal of meeting me is another matter.”

I have many fond memories of Lee, especially our shared love of theater. And, I will always admire Lee’s commitment to advocacy. She never hesitated to roll into my office and share what was on her mind. I will miss her candor.

Staff and friends at MCIL will miss her too. Following are a few thoughts and remembrances:

“I could always count on Lee to put a smile on my face. Whether in the office or the numerous times I saw her at the theaters in Minneapolis and St. Paul, she always had a smile and a laugh for me. Her laugh and her presence will be greatly missed.”

Nick W.

“I didn’t know Lee well but it was obvious that she had a great sense of humor. Whenever I saw her, she was grinning and joking around. Her friendly face made the day seem more fun!”

Kelly K.

The one thing I will miss the most about Lee is her confidence! She NEVER allowed her disability to run her life, she ran her life. I will miss her smile and her laughing! Thanks for everything you gave Lee—You are missed!”

Pamela J.

My favorite memory of Lee was at an Annual Dinner several years ago. She received the Volunteer of the Year Award and totally deserved it. The problem was that the award was for Lee Parrish. She quickly let the entire audience know. Everyone was laughing, even me, the one who ordered the award and proofread it.

Ann R.
INDEPENDENTLY SPEAKING

Transitional Services

Looking for items . . .

By Pamela Johnson, Nursing Home Relocation Manager

Our NHR program is in need of the following items for consumers who are not eligible for Transition Services. Items needed… twin, full & queen size sheets, blankets all sizes, bathroom towels & washcloths, dishes, pots & pans, glasses, cups, coffee mugs, end tables, dressers, cleaning supplies, cooking utensils. If you’re unsure if an item is acceptable please contact Pamela at pamelaj@mcil-mn.org.

Compass Airline flight attendant training

MCIL has been working with Compass Airlines to develop a training program for flight attendants on working with people with disabilities. In December, MCIL staff members, Corbett Laubignat, Cindy Tarshish, and Ann Roscoe, met with Compass staff to discuss what should be in the training. Since then, these staff members have reviewed training documents, making sure person first language was used and made it clear that people with disabilities don’t want to be seen as “special”.

In February, Compass staff videotaped interviews with Corbett Laubignat and Nick Wilkie, MCIL staff, as well as Jan Snook, an MCIL consumer, and Wally Waranka from Lifetrack Resources. Flight attendants Dan Kiffer and Jill Schmidt interviewed them about their concerns when flying, from getting to the airport to deplaning. One of the most important concepts during the videotaping, was that flight attendants should ask passengers with disabilities how they can assist them.

Compass staff really appreciated the opportunity to work with MCIL staff and consumers. They will be sharing the training with their sister airlines. Compass is the regional carrier for Delta.

Nursing Home Relocation

Update!

By Pamela Johnson, Nursing Home Relocation Manager

What an amazing time for the Nursing Home Relocation Program! The referrals are flying in and the needs for our consumers are becoming greater. The NHR Program was able to place two consumers with ventilators to qualified homes in the areas they wanted to live. They were both very scared to leave what was familiar to them, but with the support of the NHR Team, they moved back to the community. Yes, there was some standing in awe as they were told they would NEVER be able to live out in the Community! I’m sorry, but we proved them WRONG! If you have a loved one in any nursing home, please contact Pamela Johnson 651-603-2016 for further details and we will do what we do best, which is freeing individuals from nursing homes and moving them back into the community.

Nick and Dan Kieffer
Jan and Dan Kieffer
Corbett, Rocky, and Katy Murphy (cameraman’s granddaughter)
Metro Transit is reviewing and potentially altering up to 23 bus routes that travel through the “Central Corridor” area in Minneapolis and St. Paul. The outcome will maximize the effectiveness and efficiency of bus and rail service in the area and provide strong connections to new light-rail transit service on University Avenue. Public involvement will help determine the future network of transit service in the Central Corridor Area. Please take a few moments to provide information about the trips you make most frequently, whether by transit or not. Using the travel data collected, initial service recommendations will be developed and presented for comment this spring (2012). Final changes will be implemented with the expected opening of new Green Line light-rail service in 2014. For more information contact Kjensmo (pronounced “Chensmo”) Walker at 952-215-5451 (voice or text) or kjensmo@dcc-stpaul-mpls.org


Learn more about the study here: http://metrotransit.org/central-transit-study.aspx

Quick facts on voter photo ID

- Voter photo ID is unnecessary
  - Minnesota has had no cases of voter impersonation that a government-issued photo ID would prevent.
- Voter photo ID eliminates vouching as an option for voters
  - Many residents of residential facilities or shelters rely on vouching as a means to register to vote. This law would instead require these eligible voters to show a current, valid photo ID, likely with a current address which is impractical or impossible for many.
- More than 700,000 eligible Minnesota voters could be affected by a voter photo ID amendment.
  - 215,000 voters lack an ID, or have one that hasn’t been updated to their voting address
  - 500,000 voters used Election Day Registration in 2008
  - Among certain groups, a higher percentage of people are without a valid ID. This includes the elderly, disabled, younger adults, minorities and people who are highly mobile.
- Many forms of ID may not work for voting. Last year’s vetoed voter ID bill eliminated the following identification options for pre-registered voters:
  - Vouching
  - Student IDs
  - Non-conforming tribal IDs
  - Birth certificates
  - Passports
  - Military ID
  - Out-of-state ID
  - Utility bills
- The voter photo ID amendment contains technical language that could eliminate Election Day Registration
  - EDR is used by a large number of voters, including legislators themselves. On average, 16% of all voters utilize EDR in any given presidential or midterm election
- Absentee voters may have to present a photo ID with their ballot in order for it to count

For more information, contact Jeff Narabrook, Public Policy Associate at the Minnesota Council of Nonprofits, 651-757-3062 or jnarabrook@minnesotanonprofits.org
MCIL classes/workshops: Please join us!

Join us for education and fun this winter. All events are free and accessible.
Most of the following events meet at MCIL 1600 University Ave W. Suite 16 in St. Paul.
We are on #21, #16, #50, #53, #84 bus lines, please check bus schedules for exact drop off locations.

Please RSVP, and if needed, request an interpreter or alternative formatted materials two weeks prior to the scheduled activities. To RSVP, contact the staff person listed for each event. You must register at least two days prior to the event. For questions, contact: Corbett Laubignat (low-bin-ya) at 651-603-2028, corbettl@mcil-mn.org

• Classes will be cancelled if less than two people are registered.
• Check our website www.mcil-mn.org for the E-Calendar or come in and get the most current calendar of events at our front desk.
• Meeting dates are subject to change due to weather or unforeseen problems.

MCIL events attempt to be scent-free. Please remember to avoid wearing scented personal and hygiene items such as soaps, deodorants, shampoos, hair gels, lotions, “natural” fragrances and cologne/shaving products to MCIL events. This way everyone can have equal access to the services provided by MCIL. The staff and consumers thank you.

We look forward to seeing you soon!

Regular Monthly Events

Living well with a disability
From 10am-12pm
January 12th, 19th, 26th • February 2nd, 9th, 16th
March 1st, 8th, 15th

Knitting/crafts group
Join us in learning simple techniques, patterns and designs. This class is for everyone, so if you have always wanted to learn or if you are an old hat at this, come enjoy a relaxing and social time. Please feel free to bring yarn in the color of your choice. We meet twice a month for two hours at a time. We have adaptive equipment for people who would like an alternative to knitting needles.
All crafts welcome!

• April 9th 10-12 & 23rd 1-3
• May 7th 10-12 & 22nd 1-3
• June 4th 1-3 & 19th 10-12
• July 9th 1-3 & 24th 10-12
• August 6th 10-12 & 22nd 1-3

Wii fun
Join us for snack and games! It’s a great way to meet new people, have fun and even get in a workout.
Yes, it’s accessible too.

• April 19th 11-1
• May 16th 11-1

The weekenders
Are you sick of sitting home all weekend? Do you see fun activities and wish you had someone to do them with? Do you find yourself wanting someone to talk to? Well, this is the group for you. Come meet other people who share your interests and want someone to hang out with. We will meet once a month to share, talk, plan, do activities or outings throughout the month. Guests are welcome and encouraged.

• April 21st at the Mall of America; 1-4: lunch and fun, maybe a movie. Please bring money to get food and a ticket. We meet at the food court under the movie theaters.

• May 20th at Purgatory Creek Park Pavilion, 13001 Technology Drive, Eden Prairie MN 9am to 1pm
• June 3rd at Grand Old Days. Please call ahead for meeting place.
• July 21st Picnic and Bocce Ball at Como Park, call ahead for meeting place
• August 23rd MN State Fair “Thrifty Thursday”

Peer Mentor trainings

• March 20th: 9-12:15 and 1:00-3:13
• May 15th: 9-12:15 and 1:00-3:13
• July 17th: 9-12:15 and 1:00-3:13

Continued on next page
**Peer Team activity**
Join your fellow mentees and mentors in a day of fun, snacks and exploration. We will be creating dream webs and discussing the experiences we have had in the mentoring program.

- April 12th: 11-2

**Self-esteem**
How do you see yourself? Does your inner voice say hurtful things? Come and join us as we discuss ways to change that inner voice and make it be a supportive voice instead. Please bring an open mind and a willingness to change.

- April 17th 10-12; disability related issues

**Meal planning**
Creating a weekly menu and shopping with a list
Do you end up with more in your cart than you planned? Do you run out of ideas midweek? Join us in learning how to expand your meals without expanding your expenses.

- April 4th: 11-2; Lighten up! Find quick but filling snacks
- May 22nd: 10-12; Nutritional meals without the fuss
- June 28th: 10-12; Meal planning this month will entail a trip to Rainbow Foods with a menu we plan together.

**Bus trainings**
August 16th from 10-3 (and other times upon request). Have some fun and increase your understanding and experience with Metro Transit, the public bus line and light rail. This will be your chance to expand beyond Metro Mobility. Many options and more freedom will be opened to you. Join us for a trip from MCIL to the Mall of America. We will eat lunch, do a little shopping and return to MCIL. Please call if you are interested in a lesson. We also have Mentors available that can work one on one with you to achieve independence on the bus and light rail.

- April 23rd: at MCIL; 1-5pm Join us in making quick and impressive desserts that will wow anyone.
- May 29th: at MCIL; 1-5pm Join us in creating quick and easy fun snacks.
- June 26th: at 4124 Roseway Rd, Mpls, MN 55409; 1-5pm. Join us in creating delectable sandwiches and playing yard games or exploring the gardens
- July 31st: at Boom Island 724 Sibley St. NE, Mpls, MN 55413; 1-5pm. Grilling desserts and chilling.

**Planting for Fun**
- May 10th 10-12: Let’s grow an herb garden, what to plant, what the different herbs are and what are they used for. We will actually plant an herb garden that you can take home.
- June 14th 10-12: We will plant a take home butterfly garden and discuss what flowers attract butterflies and why.
Get the Dirt on Hygiene

- **July 25th 1-3:** Come and learn or share how this can help you get a job, friends and respect.

Farmers Market and lunch

**May 24th, June 7th, July 19th, August 9th**

11am-1pm

Join us in exploring the Nicollet Mall’s farmers market. We will locate local produce and talk about how shopping locally can help save money.

Summer Social – at Lake Harriet Band Shell

- **June 20th 1-4:30:** Do you want to meet new people? Are you ready to have fun and socialize? This is the get together for you. Come and celebrate the first day of summer!

Walking and Rolling at Como Zoo

Join us while we enjoy summer, good company and get a little exercise.

- **June 11th & 25th:** 11-1
- **July 12th & 26th:** 11-1
- **August 7th & 21st:** 11-1

GLBT support group

Gay, Lesbian, Bisexual and Transgender (GLBT) with disabilities Support Group meets almost always on the first Tues. of the month. We will meet at MCIL. This group will sometimes meet in the community, please call ahead to for definite locations. We will still meet from 6-7:30 pm

If you will be late or you are lost, please call Corbett at 651-603-2028. If no one shows up after 6:35pm, the support group will be canceled for the evening.

- **April 3rd**
- **May 1st**
- **June 5th**

New group: Parents with disabilities

5-7pm

Join us in a support group for parents with disabilities. We will discuss how to balance life with a disability and being a parent.

- **April 23rd**
- **May 21st**
MCIL Board

Ellie Emanuel ........................................... President
Scott Ruhsam ................................... Vice President
Scott Dehn ............................................... Treasurer
Joani Werner............................................ Secretary

Members at Large .................... Tim Benjamin,
Dave Houghton, Roberta Juarez, Shelley Madore,
Sheri Smith and David Swanson

Ex-Officio .......................... David Hancox

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